



World's Simplest Chicken Recipe

Serves: 4

"I have worked at finding easy and new ways to break that weeknight rut of the same old dinner plans week after week. To be honest there are times that I don't feel like making dinner a big production either and with this incredibly easy recipe there is no reason why you wouldn't give it a try! Eat it as a stand alone or do as I do and top a Caesar salad with it!" - Chef Luke



Ingredients:

- 1 - 16 oz. Bottle of Italian Salad Dressing
- 4 - Boneless, Skinless Chicken Breasts
- ½ Cup of Parmesan Cheese

Directions:

1. In a zip top bag add your chicken breasts and pour the dressing over them. Refrigerate for 24 hours, shaking from time to time
2. Preheat your oven to 350°F. Remove the chicken from the bag. Take breasts and lay over a greased baking sheet.
3. Bake uncovered for 10 minutes and then sprinkle the parmesan cheese over the top. Remember we cook to temperature not time so cook until the breasts register 165°F, roughly another 10 minutes.
4. Remove from oven and place on a wood cutting board. Tent in foil and rest for 10 minutes.

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