

# Trig's Lenten Seafood

Get Hooked!

MARCH 5 - APRIL 8

While Supplies Last



Cold Water  
**Lobster Tail**  
4-5 oz.

**9<sup>99</sup>**



Norwegian  
**Salmon Fillets**  
Previously Frozen

**9<sup>99</sup>** lb.



CenSea  
Peeled & Deveined  
**Raw Shrimp**  
31/40 ct.

**6<sup>99</sup>** lb.

Sold in a 2 lb. bag  
for \$13.98



CenSea  
EZ Peel  
**Raw Shrimp**  
26/30 ct.

**6<sup>99</sup>** lb.

Sold in a 2 lb. bag  
for \$13.98



CenSea  
**Cooked Shrimp**  
31/40 ct.

**7<sup>99</sup>** lb.

Sold in a 2 lb. bag  
for \$15.98



**Cod or Haddock  
Loins**

**6<sup>49</sup>** lb.



**Snow Crab  
Clusters**

**15<sup>99</sup>** lb.



**Tuna Loins**

**9<sup>99</sup>** lb.



**King Crab**  
20 up

**29<sup>99</sup>** lb.



**Frog Legs**

**9<sup>99</sup>** lb.



Leg A Sea  
**Imitation Crab**  
16 oz. Flakes or Legs

**4<sup>99</sup>**



Salad of the Sea  
**Dip**  
7 oz. Assorted Varieties

**4<sup>99</sup>**



Hawk's Catch  
**Cod or Haddock**  
16 oz.

**7<sup>49</sup>**



**Scallops**  
40/60 ct. 16 oz. bag

**7<sup>99</sup>**



Rogges  
**Herring in Wine  
or Cream Sauce**  
12-16 oz.

**5<sup>49</sup>**