

# Know Your Numbers

## Medication Adherence Month



### Why Medication Adherence Is Important

Did you know that 66% of people in the U.S. take at least one prescription medication. Four is the average number of prescriptions taken per person; and 40-50% of individuals prescribed medications for chronic conditions such as diabetes and hypertension are affected by non-adherence. Also, the statistics for the result of not taking medications are concerning:

**Over 125,000 premature deaths per year are caused by medication non-adherence.**  
**Medication non-adherence can cause up to 25% of hospitalizations each year in the U.S.**  
**Non-adherence is responsible for over \$500 Billion annually in preventable health care costs.**  
**Cost of medication non-adherence can range from \$949 to \$52,341 per person annually.**

### Leading Causes For Medication To Be Missed?

Forgetfulness  
Lack of motivation  
Depression  
Denial

Complex medication regimen  
Side effects  
Inconvenience  
Cost

Time  
Transportation  
No Signs or Symptoms  
for Condition/Disease



### As Your Local Provider, We Can Help

RxLocal App. Download and use our app to conveniently view, manage and refill medications, or chat with our pharmacists.

Medsync, will make your life easier! Synchronizing your medications for refill and pickup at the same time.

Convenient blister packing of medications will help you easily track doses and take medications at set times.

Prescription Mailing and Delivery! We are able to deliver medications to your door! (location restrictions apply)



**Talk to Our Pharmacists For More Information**

Eagle River | Minocqua | Rhinelander | Tomahawk