



*Know Your Numbers*  
Your Helpful Reference

## Immunization Awareness

### Recommended Vaccines\*

#### Ages 3 through 10

- Flu vaccine: Every year by the end of October

#### At 4 through 6 years :

- Chickenpox (varicella) vaccine
- Diphtheria, tetanus, and pertussis (DTaP) vaccine
- Measles, mumps, rubella (MMR) vaccine
- Polio (IPV) vaccine

#### Ages 11 through 18

- Flu vaccine: Every year by the end of October
- Tetanus, diphtheria, and pertussis (Tdap) vaccine: 11 through 12 years
- Human papillomavirus (HPV) vaccine: 11 through 12 years and a second dose 6-12 months following the first dose
- Meningococcal conjugate vaccine: 11 through 12 years and at 16 years
- Serogroup B meningococcal vaccine: May be given at 16 through 23 year

#### Ages 19 and older

- Flu vaccine: Everyone should receive a flu vaccine every year before the end of October
- Adults need a Td (tetanus, diphtheria) vaccine every ten years.
- Healthy adults 50 years and older should get shingles vaccine. 2 dose series  
Receive 1 dose, followed by a second dose 2-6 months later
- Adults 65 years or older need one dose of pneumococcal conjugate vaccine followed by one dose of pneumococcal polysaccharide vaccine. If you are younger than age 65 have certain health conditions like heart disease, diabetes, cancer, or HIV should also get one or both of these vaccines.
- Adults may need other vaccines based on health conditions, job, lifestyle, or travel habits.



### COVID-19 Vaccine

See your pharmacist or other health care provider for the most current updated recommendations, or visit [CDC.gov](https://www.cdc.gov) and search COVID-19.

Also, visit <https://www2.cdc.gov/nip/adultimmsched/> to utilize the CDC Adult Vaccine Assessment Tool to determine which vaccines you may be eligible for today.\*\*

\*Sources:  
<https://www.cdc.gov/vaccines/schedules/>  
<https://www.cdc.gov/vaccines/acip/recommendations.html>

\*\*Applies to adults 19 years or older



**Talk to Our Pharmacists For More Information**

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